

Recipes for Play

Corn Starch Clay

1 cup of cornstarch

2 cups salt

1 and 1/3 cup of cold water

Put salt and 2/3 water in a pan and bring to the boil. Mix separately cornstarch with 2/3 cups of water and mix well. Blend the 2 mixtures together and knead into a clay. (Heat as you mix) This clay can be air dried and then painted.

Store in the fridge, in an airtight container.

Playdough

No-cook Playdough

Ingredients:

4 cups flour

1 cup salt

2 Tbs. cooking oil

1 to 1 1/2 cups cold water

food coloring

Method:

Mix flour, salt, oil. Add food coloring to water. Gradually add water to flour mixture. Knead. Store in a plastic bag; in the refrigerator.

Salt Playdough

Ingredients:

1 cup salt

1 cup water

1/2 cup flour

food coloring

Method:

Mix ingredients and cook over medium heat. Remove from heat when thick and rubbery. As mixture cools, knead in enough flour to make a workable dough.

Goop

1 pkt cornflour

1 cup salt

water

colour (food dye: Optional)

Mix water cornflour and salt slowly checking that it is the right consistence.

Goop should dribble through your fingers but not be too runny.

Bubble Mixture

¼ cup Glycerin

½ cup water

1tbsp Liquid Detergent

Mix all ingredients together. Good bubble blowers/wands: coat hangers, pipe cleaners bent to make circles, commercial bubble wands and new fly swats.

Edible Play Dough

1 cup peanut paste

1 cup honey

1 cup oatmeal

1 cup powdermilk or soy milk powder

Mix all ingredients until smooth.

Rock-Hard Sawdust Dough

2 cups sawdust (fine)

1 cup flour

water

Mix two parts sawdust with one part flour. Add water, until the mixture is stiff, but pliable. If dough is too crumbly, add a little more flour. Place a large sheet of plastic over a table and then knead the mixture until it becomes an elastic consistency.

Mould the dough into any shape and set aside in the sun to dry. As it dries the dough will become extremely hard and then can be sanded and painted.

Body Paint

1/2 cup baby lotion

1/2 tsp. no tears baby hair wash

powdered tempera paints

Mix all ingredients and store in air-tight jars. (Baby food jars will work well.) Use paintbrush to paint designs on skin. Paint will wash off easily, thanks to the baby hair wash.

Egg Yolk Paint (for decorating Cookies)

1 egg yolk

1/2 tsp. water

Food coloring

Mix egg yolk with water, then add food coloring until intense color is reached.

Use a paint brush to paint on pre-baked cookies. After painting, return biscuits to the oven until egg paint has solidified.

Milk Paint

1/4 cup sweetened condensed milk
food coloring

Add a few drops of food coloring to sweetened condensed milk until desired color is achieved. When this paint dries, it will be very shiny. You can use this to decorate biscuits with as well.

Puffy Paint

1/2 cup flour
1/2 cup salt
1/2 cup hot water
liquid tempera paint

Mix together equal amounts of flour, salt, and hot water. Mix until ingredients are dissolved. (Additional heating may be required.) Add liquid tempera paint until desired color is achieved. Store mixture in air-tight squeezable bottles sauce bottles work well for this.

Rice Colouring

1 cup white rice
1 tsp rubbing alcohol (Isocol)
food coloring

Mix a few drops of food coloring with rubbing alcohol. Put rice in sealable container. Pour liquid mixture over rice and shake until color is evenly distributed. Spread colored rice in a thin layer to dry. Store rice in dry air-tight container.

Sand Colouring

fine sand
dry tempera paints

Mix sand with dry tempera paints until sand reaches desired color. Store in a dry air-tight container.

Rubbery Playdough

2 Cups baking soda
1 1/2 Cups water
1 Cup cornstarch

Mix with a fork until smooth. Boil over medium heat till thick.

Home made sidewalk chalk

1 Cup Plaster of Paris

1 Cup Water

Powdered Tempera Paint

Find a mold for your sidewalk chalk. You can use small paper cups, toilet tissue rolls, candy molds, etc.

Mix the Plaster of Paris and the water together. For colored chalk, add powdered tempera paint to achieve the color you want. Let stand for a few minutes and then pour into mold. Set side and let dry completely. Once dry, remove the chalk from the mold. If it is still moist, let air dry for another 24 hours.

Oobleck

Corn starch

Water

Food coloring (optional)

Put cornstarch in bowl. Add enough water to make a paste. If desired, you may also add food coloring. This makes a messy slime that goes from liquid to solid, and is great fun to play with.

SILLY PUTTY

glue (wood glue works well but white glue will work too)

Epsom salts

water

measuring spoons

plastic spoon

2 small cups

waxed paper

plastic bag (optional)

In one cup, put 1/2 tsp Epsom salt and 1/2 tsp water, stir to dissolve salt. In the other cup, put 1 tablespoon glue. Add the Epsom salt water to the glue and stir. Watch as your new material starts to form. Pull out the putty and put it on the waxed paper. You can store the new putty in a plastic bag.